



# Lopez Island Family Resource Center's Winter/Spring 2017 Employment and Life Skills Brochure



## QuickBooks Coaching or Training

Kelly Thompson

Kelly is an Intuit Pro Advisor helping with your specific QuickBooks questions. Individual consultations available in hour increments tailored to your needs, from beginners setting up a bookkeeping system to advanced users needing coaching. You'll be contacted to set up an appointment after registering. Fee: \$45 for each 1 hour session scheduled at least 1 week in advance, \$55 afterwards (Note: Limited Slots!)

Meets: Friday, 2/10 and Monday, 3/6

Location: Lopez Island Family Resource Center

## Abstract Art Class

Sylvia Chesley Smith

Learn to create abstract art using collage and other art materials. Bring large, sturdy paper for your format plus magazines, colored paper, drawing materials, string, fabric - anything that appeals to you. Additional supplies provided. Experiment with color, shape and line and open your mind to new possibilities. Have fun creating two or three dimensional art.

Fee: \$30 if paid by 2/12, \$35 thereafter

Meets: 3 Wednesdays, starting 2/22

Location: Lopez Library Meeting Room Time: 1-3 PM

## Marketing for Artists & Artisans

Claudia Bach, founder & principal of AdvisArts Consulting

This workshop is designed to build an active bridge between your creative work and audiences beyond the studio. Information is applicable to all levels of artists from crafts fair to museum representation. Identify key arts audiences and market venues, enhance communication about your work, define networking opportunities available to you and identify methods of contact, and understand and develop marketing goals, objectives and an action plan. The workshop content was developed by Claudia Bach for Artist Trust's EDGE program. Special thanks to Artist's Trust for permission to present this workshop.

Fee: \$75 if paid by 2/22, \$100 thereafter

Meets: One Saturday, 3/11

Location: TBA Time: 10:30 AM-5:30 PM

## Composting Is Easy

Liz Scranton

Anyone can compost. Learn how to create your own backyard composting system! You'll be taught simple, low-tech composting methods to yield high quality compost that you can use in your garden. This class will teach you easy ways to compost yard and household waste. You'll also learn about worm composting. Please bring a brown bag lunch.

Fee: \$20 if paid by 3/8, \$25 thereafter

Meets: Saturday, 3/18

Max: 8

Location: Instructor's or Student's House

Time: 9:00 AM-4:00 PM

## Emergency Preparedness

Nathan Donnelly, Reverence Permaculture

A comprehensive class on preparing your home and family for emergencies. Attendees will learn how to make a disaster plan, assess their needs, supply for emergencies, assemble always-ready emergency kits, decide if and when to evacuate, and how best to maintain contact with loved ones. There will be hands-on opportunities to explore types of emergency kits. Leave with materials to help with preparation and action plans, as well as a clear understanding of how to handle disaster, be it personal or regional, when it comes your way.

Fee: \$15 if paid by 3/15, \$20 thereafter

Meets: One Saturday, 3/25

Location: Lopez Library

Time: 10 AM-2:30 PM

## Miho and Diego

The exciting duo of Miho & Diego are coming to Lopez as Orcas Island Chamber Music Festival Musicians-in-Residence. The duo have been boldly blending Latin and Japanese musical traditions since 2006, encouraging cultural understanding through music. Both are accomplished musicians, and their primary instruments are the marimba and the traditional Andean flute. Miho Takekawa and Diego Coy came together after discovering that their sounds could be combined to make something genuinely new and unique. These programs are supported in part by a grant from the Washington State Arts Commission and the National Endowment for the Arts.

## World Rhythm Workshop

Play along on percussion at this FREE World Rhythm Workshop. All skill levels are welcome! For ages 13 and up.

Meets: One Wednesday, 3/29

Location: Grace Church Hall

Time: 7-8 PM

## Family Concert: Musical Trip Around the World

This will be a chance for all ages - infants to age 99 - to get together and enjoy a concert! Free and open to the public.

Date: Thursday, 3/30

Time: 6:30-7:30 PM

Location: Lopez Center for Community and the Arts



**Intro to Japanese Cooking (Part I)** Marney Reynolds  
 Go beyond sushi and discover the beauty and flavor of Japanese cuisine. We'll create an authentic 5 course meal that is built around the three core foods: miso soup (think umami); rice; and pickles (tsukemono). Learning just a few secrets, you'll see how easy it is to prepare these healthy and delicious dishes. What's more, just about all the ingredients can be sourced locally. Instructor spent one year living (and eating!) in Japan and has enjoyed cooking Japanese food for many years.  
 Fee: \$30 if paid by 3/29, \$35 thereafter Max: 10  
 Meets: One Saturday, 4/8  
 Location: Instructor's Home Time: 12-2:30 PM

**Excel Spreadsheets Coaching** Greg Allott  
 Address your specific spreadsheet needs - from beginners creating basic spreadsheets to experienced users interested in more complex features. Sign up for a no-cost half hour meeting to discuss your needs, and then if interested up to 3 hours of individualized coaching for \$30 minimum contribution. You'll be contacted to setup an appointment after registering.  
 Meets: By appointment, starting in April Max: 5  
 Location: Lopez Island Family Resource Center

**Tax Preparation for Low Income Lopezians** Rich Youde  
 Tax preparation is available for Lopezians that qualify for the Earned Income Tax Credit (EITC) and for low-income seniors. To qualify for the EITC, you must have earnings from self-employment, wages, salaries, tips, certain disability payments, or other taxable employee pay. This is waived for low-income seniors. Call Deborah at the LIFRC to make an appointment.  
 Fee: \$10 per tax return Max: 10  
 Meets: Tuesdays and Fridays  
 Location: Lopez Island Family Resource Center

## More Support Services

**Marketing Mondays** Rich Rice  
 Monday mornings at the Resource Center. One-on-one business marketing consults/coaching with Rich Rice. Nominal sliding scale fee; \$10 minimum contribution.

**One-on-One Business Consults** Rich Youde  
 An opportunity for potential or existing small businesses to get professional individualized advice. Our popular business coach can strategize ways to move your business forward. You'll be contacted for an appointment after registering. Nominal sliding scale fee; \$10 minimum contribution.

**English Language Learners** Dandy Porter & Susan Corbin  
 Inglés para la vida diaria (English for Daily Living)  
 Meets: Tuesdays and Fridays  
 Location: Grace Church Hall Time: 9-10:30 AM

**Tech. Lab:** Equipped with PCs, Macs, internet, scanner, printer & fax. Open M.-Th. 9 AM-4 PM, F. 9 AM-1 PM

## Upcoming Events

**March 9:** Got Green (Community Conversation)

**April 21-28:** Compassion Lopez - "Love This Place" events

**June 3:** The IF Project (Community Conversation)

**July 8:** Annual Fundraiser Event with Stokley Towles

Look for more event details posted around town!

## Employment and Life Skills Workshops Registration



All classes require pre-registration. There are three different ways to register:

**Online:** Go to [www.lifrc.org](http://www.lifrc.org) and click "Register for Classes." Credit or debit card required.

**Mail:** Send registration form and payment to LIFRC, PO Box 732, Lopez Island, WA 98261.

**Stop by our office:** LIFRC, 160 Village Road. Mon.-Th. 9-4, Fri. 9-1. Questions? Call: 360-468-4117

REGISTER EARLY! Workshops filled on a first come first served basis with limited spaces. You're enrolled upon receipt of registration and payment. Refunds available until 10 days before workshop less a \$10 service fee. You'll hear from us if the workshop is full or if there is a change in the program. Classes have enrollment minimums which must be met. We reserve the right to cancel classes and will issue a full refund if this occurs. Please inform us in writing if you do NOT want your photo from classes used for promotional purposes.

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Course Title:	Fees:
Additional Tax-Deductible Donation	\$
Total of All	\$

*Please note that we offer these workshops below actual costs. Your tax deductible donation will help enrich and grow our community! Donations can be made by including in registration or via PayPal on our website at [www.lifrc.org](http://www.lifrc.org).*