

COMPASSION LOPEZ – CULTIVATING KINDNESS

The Lopez Island Charter for Compassion

Compassion strengthens and builds bonds amongst everyone, so we are all working together for the greater good of the entire Lopez Island community. Together, we can learn about each other's life stories, talents, traditions, culture, religion and the many things that makes each of us special – allowing us to celebrate our gifts and diversity, and encourage empathy towards everyone we meet and interact with.

Compassion urges us to strive to alleviate the suffering of others and to treat every single human being, without exception, with absolute justice, equity and respect. Our individual and collective efforts will be framed through a lens of outcomes that help create a just economy and a peaceful local and global community. Regardless of our views, we all share a common humanity.

Making compassion a priority will amplify what is already working in our community and inspire increased engagement, leading to new activities that bring compassion to life and improve our collective well-being.

Affirm the Lopez Island Charter for Compassion

There is no cost to affirm this Charter. Your signature is a public commitment to help strengthen compassion on Lopez Island. Consider helping us plan our first compassion events (special activities and events), volunteer or participate during the compassion events during April 22-28. Uniting your compassion with others will cultivate more kindness and strengthen our Lopez community further.

Name

Email address

What Is “Compassion Lopez – Cultivating Kindness” All About

Compassion Lopez is a group of individuals and organizations dedicated to strengthening compassion on Lopez.

Activities are being planned to offer fun and creative ways to ignite and catalyze compassion on Lopez. The activities will amplify what is already working in our Lopez Community, and inspire increased engagement and interaction with everyone, lead to new friendships and increased understanding about each other, bring more compassion to our daily lives, and improve our well-being.

When Will “Compassion Lopez – Cultivating Kindness” first events begin?

April 22nd - 28th, 2017



Theme: LOVE THIS PLACE! Serve the Earth and Lopez Community Week!!

Reconnect and serve the unfolding web of life in this week long challenge to protect, restore and show compassion for Mother Earth and our fellow community members!

There will be an opening ceremony with a special guest speaker. On the last day, there will be a celebration event to share what we have learned and accomplished. And lots of other exciting, fun activities each day in between.

What Can You Do?

There are many ways that individuals, families, teams, businesses, and organizations can play. You can organize and create:

- Regenerative service projects for the Earth
- Activities that gather people to get to know each other more
- Projects that promote acts of kindness towards all

Sign up to become a Secret Agent of Compassion. Each day, you'll receive a secret mission – a theme of what to do each day with some suggested activities that will be offered in the community. Or create your own activities for each day that are meaningful, tangible actions that inspire us all to **LOVE THIS PLACE**.

Players can report on their activities at locations around Lopez, and boards will display the number of volunteers, number of hours served, and number of people served.

There are lots of ways you can participate:

- Volunteer to present this project to family, friends and organizations so we can get more people involved and sign the “Lopez Island Compassion Charter”
- Work on the Compassion Committee to plan the week long events
- Volunteer to help set-up and organize activities during April 22-28
- Become a “Compassion Secret Agent” and undertake the daily missions

Come join us!

For more information contact “barbara@lifrc.org or 468-4117.