A Playroom for Me!

What is "A Playroom for Me!"?

"A Playroom for Me!" is an evidence-based, child-centered program designed to work with children who are experiencing social, behavioral, or emotional difficulties in the classroom. Sessions help kids connect to school through play so they can learn and thrive.

How Does It Work?

Built on Strong Relationships

Your child will meet weekly with a trained Play Aide whose role is to build a positive, supportive relationship.

Short Term

Your child will participate for 12-15 sessions, meeting once or twice a week for individual time with the Play Aide. We are exploring ways for the Play Aide to join them in the classroom after these sessions end to offer further support.

Play-Based

The Play Aide uses a play-based approach in a dedicated playroom, upstairs in the Children's Center. This approach helps build decision-making skills, resilience, and confidence. The playroom is a safe place for them to communicate through their play. All behaviors, feelings and emotions of children are normal and acknowledged. Your child's play is up to them, within a supportive environment, and lasts for 20-30 minutes each session. The room is filled with various toys and materials that encourage your child to engage in creative and expressive play.

How Are Parents Involved?

Parents are asked to sign a permission form and short referral form for your child to participate. Parents are encouraged to communicate directly and openly with the Play Aide about any questions or concerns during the child's participation in the program. To encourage a strong and trusting relationship to develop between the child and Play Aide, most details of their sessions will be kept in a safe space just between them. However, sessions are not secretive, and we will reach out to you if there is an issue of concern.

There is **no cost** to participating families, and all information about your child and family will be kept confidential. Please arrange to meet the Play Aide and visit the playroom prior to your child starting to answer any further questions you may have!