

2024



Annual Impact Report

Celebrating the Lopez Island Community



Lopez Island Family Resource Center

PO Box 732 Lopez Island, WA 98261 | 23 Pear Tree Lane | (360) 468-4117



03

MESSAGE FROM
THE EXECUTIVE DIRECTOR

04

EARLY LEARNING

05

YOUTH LEARNING &
ENRICHMENT

06

YOUTH ENGAGEMENT &
LEADERSHIP

07

FOOD & HOUSING SECURITY

08

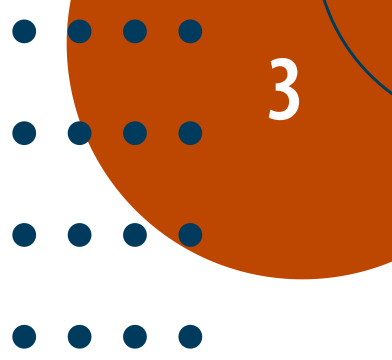
COMMUNITY HEALTH &
WELL-BEING

09

NEXT GENERATION LEADERS

TABLE OF CONTENTS

Nourishing, Inspiring & Advocating for Each Other



This report highlights LIFRC's unwavering commitment to a security network that supports all of Lopez Island.

We offer compassionate services, implement proven strategies, and advocate for lasting change and improved well-being.

Our community inspires us daily with your resilience, determination, and care for each other. Whether it's as a volunteer at the Food Share, a mentor sharing time with youth, or teen leaders building new programs - it is all creating powerful lasting change.

This progress is possible due to the dedication of our team, combined with the steadfast support of partners like you. We invite you to explore the report and see how LIFRC is delivering on our mission. We are grateful for the opportunity to share stories of how we're making a tangible difference. Together, we are creating a healthier, more hopeful future for all.

In Community,

Barbara

Barbara Schultheiss
Executive Director



\$2.4 MILLION BUDGET

\$1.9 M

Government & Foundation Grants

\$301,000

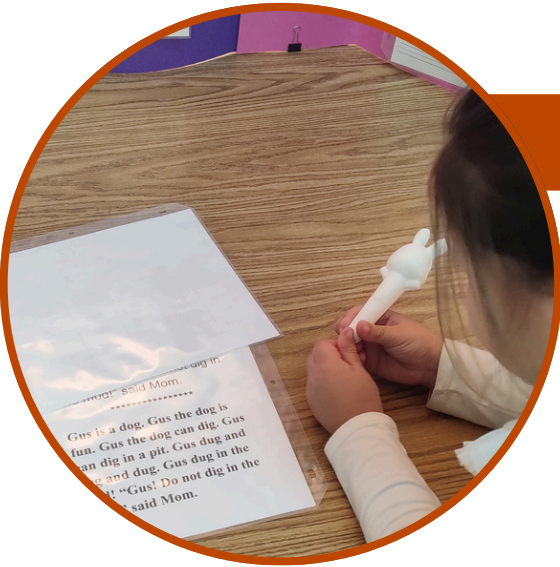
Donations received so far

\$497,000

Community Donations Goal

\$196,000

Donations still needed this year



Reading Program

- 15 kids coached to be close to or at grade level
- 504 coaching sessions, for 28 weeks, 3 times per week
- Cultivated a love of story and imagination



Parent - Tot

- 71 tots and their adults played and learned through music, art and movement weekly
- 40 sessions
- 2 week long camps



PrimeTime Family Reading

- 25 families joined us for dinner and a bilingual story
- 6 weeks for preschool and 6 weeks for elementary

120 KIDS AGES 0-8

25 Families
Evening meals & reading

80
Parent-Tots,
Camps &
Therapeutic Play

15
Reading
Program

Youth Learning & Enrichment



Out of School Time

- 89 kids in grades K-8 attended After School Program 5 days per week and 6 weeks of Summer Camp
- Enjoyed new, enriching experiences
- Built confidence and sparked curiosity

Specialty Summer Camps

- Offered 8 new, creative camps
- Discovered new talents

BuildAbility Camp

- 6 students attended
- 6 weeks of camp
- Designed for students with disabilities
- Nurtured their special talents

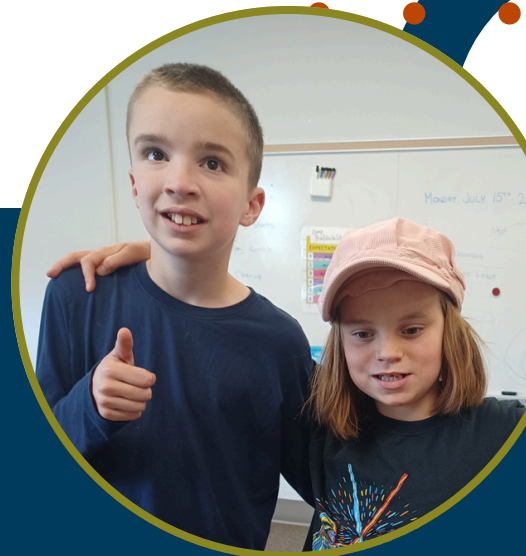
153 YOUTH SERVED

89
After School & Summer Camp

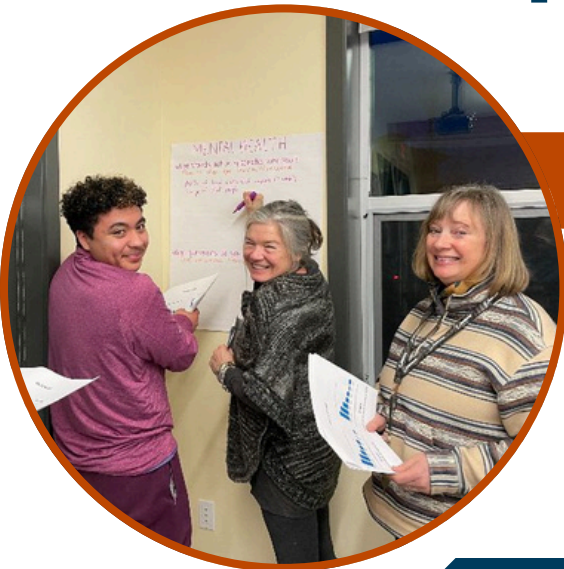
6
Buildability Camp

25
No Child Left Inside Outdoor Group Activities

39
Character Strong: Social Emotional Learning



Youth Engagement & Leadership

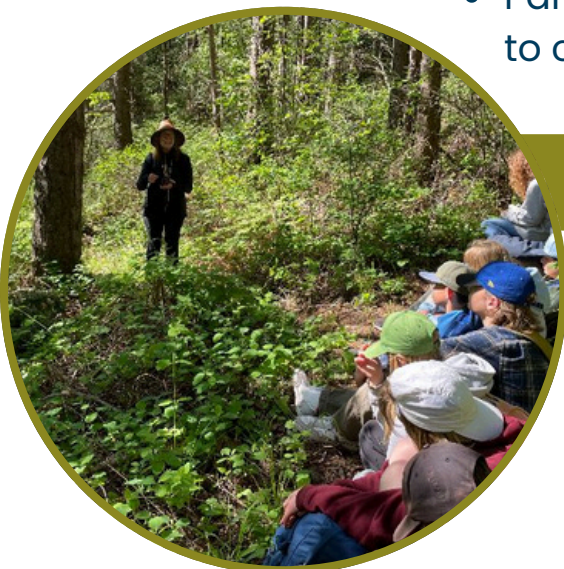


Prevention Coalition

- Hosted 8 community work group sessions
- Completed a peer to peer needs assessment with 75 youth
- Launched a youth prevention club and activities

Orgullo Latino

- Hosted monthly bilingual youth leadership sessions
- Co-designed interisland Latino youth retreat
- Partnered with Lopez Fire/EMS to certify bilingual CPR trainers



Coast Salish: Land, Sea & Place

- Provided hands on learning in natural environments with tribal elders
- Implemented the *Since Time Immemorial* curriculum: Tribal Sovereignty in WA State
- Visited 7 State Parks on 5 islands in the Salish Sea

125 YOUTH LEADERS

55
Orgullo Latino

43
Prevention Coalition

57
Coast Salish: Land, Sea and Place

Food and Housing Security

7

Lopez Food Share

- 126,192 pounds of food distributed
- 2,364 pounds donated by Sweetbriar Farm
- 6,280 pounds donated by community members
- Produce, meat and food purchased from 9 Lopez farms
- 3,506 hours donated by 25 volunteers

Nutrition and Exercise

- 35 adults and children participated in 6 nutrition workshops
- 14 community members participated in zumba

Housing & Utility Support

- \$30,980 utility assistance
- \$55,862 rental assistance
- 836 ferry tickets provided
- 403 households supported



**1,493
CHILDREN & ADULTS
SERVED**

**126,192 lbs
of food
distributed**

**\$86,842
rental & utility
assistance**

**574
households
supported**

Community Health & Well-being



Health & Safety

- Partnered with Lopez Fire/EMS for fire safety workshops in English & Spanish
- Co-trained Lopez Island School District staff in CPR/First Aid/AED

Community Health Fair

- 86 people received 149 vaccines
- 150 people obtained health information
- 10 partner organizations participated



Community Wellness Programs

- 18 people joined weekly well-being circles
- 36 individuals obtained counseling services
- 351 counseling sessions provided

237 CHILDREN AND ADULTS REACHED

**33
Safety
workshops**

**150
Vaccines & Health
information**

**54
Wellness
Programs**

Voices and Visions: Next Generation Leaders



Disability Rights Advocates

- ALIGN - Advocates of Lopez Island Gathering for Neurodivergence
- 88 people participated in trainings & workshops

Hispanic Leaders

- Hosted cross cultural events: Children's Day and Día de los Muertos
- Supported Small Business Development classes in Spanish
- Expanded community services with partners

Indigenous Leaders

- Led school and community based youth learning
- Facilitated partnerships and collaborations with tribes
- Hosted canoe journey landings and Indigenous Day Celebration



400+
COMMUNITY MEMBERS
INVOLVED



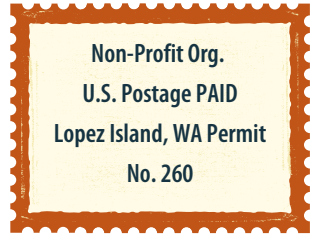
88
Attended
Trainings

300
Participated in
Cultural Events

12
Voices & Visions
Leaders



Lopez Island Family Resource Center
 PO Box 732
 Lopez Island, WA 98261



ECRWSS
 Postal Customer

STAFF & COORDINATORS

Advocacy & Admin
 Stephania Lackey
 Barbara Schultheiss

Community Supports
 Contessa Downey
 Stephanie Froning
 Heather Sperry

Lopez Food Share
 Pedro Mendes
 Autumn Miller

Wellness Programs
 Ariella Adams
 Karina E. Cerda Aguirre
 Veronica Ramirez Cervantes
 Melissa Montalvo-Chavez
 Laura Contreras
 Megan Havner
 Rafael Velazquez-Montes
 Mariana Beecher Robles
 LeaAnn Rolla



Lopez Island Family
 RESOURCE CENTER

Serving the entire community at every stage of life

Youth Learning Programs

Niko Brougher
 Del Guenther
 Rachael Havel
 Katy Hill
 Deb Kosman
 Audrey Oswald
 Brenda Shaw
 Stephanie Stratil
 Elizabeth Thomas
 Nesticia Tijerina

Youth Enrichment Programs

Karina E. Cerda Aguirre
 Evelyn Clavel-Aguilar
 Laura Danforth
 Susannah Dunlap
 Leslie Eastwood
 Michelle Gil
 Aurora Martinez
 Satya Ray-McWhinney
 Valentina Rendon
 Cynthia Updegrave
 Ulises Velazquez-Cerda
 Chiyokten Wagner
 Sheila Woodington

BOARD OF DIRECTORS

Mo Crist
 Ellen Evans
 Christine Gallagher
 Lisa Geddes
 Darren Hoerner

Asa Kinney
 Martha Martin
 Al Torres
 Brooks Walton

FOUNDATIONS & GRANTS

Amerigroup
 Beim Foundation
 FEMA Rental Assistance
 Harvest Against Hunger
 Humanities Washington
 Inatai Foundation
 Lopez Lions Club
 Lopez Thrift Shop
 The Medina Foundation
 M.J. Murdock Charitable Trust
 Mentor Washington
 Norman Archibald Charitable Fndn
 North Sound ACH
 Recovery Café Network
 San Juan County
 Schools Out Washington
 TEW Foundation
 United Way of San Juan County
 USDA – NIFA
 Washington State Dept. of Agriculture
 Washington State Department of Commerce
 Washington State DOH
 Washington State DSHS – Developmental Disabilities Admin
 Washington State HCA (3 grants)
 Washington State OSPI (3 grants)
 Washington State RCO